



Wingrove Primary School

Relationships and Sex Education (RSE) Policy

1. Introduction

At Wingrove Primary School, we believe that Relationships and Sex Education (RSE) is an essential part of our pupils' personal, social, and emotional development. Our approach reflects our diverse, inclusive ethos and supports our vision that everyone is welcome here as long as they are kind. This policy outlines how we deliver RSE in a way that is age-appropriate, culturally sensitive, and inclusive of all pupils, including those with SEND and EAL needs.

2. Aims

Our RSE curriculum aims to:

- Equip pupils with knowledge and understanding of healthy relationships, personal boundaries, and respect for others.
- Support pupils in developing positive attitudes towards themselves and others.
- Promote the school's values, especially kindness, inclusion, and celebrating differences.
- Ensure pupils are aware of how to keep themselves safe, both physically and emotionally.
- Foster an environment where pupils feel confident to ask questions and discuss issues related to relationships and health.

3. Statutory Requirements

Wingrove Primary School follows the statutory guidance on RSE as set out by the Department for Education (DfE) and aligns with the OFSTED inspection framework, ensuring that RSE is taught to all pupils of statutory school age. We ensure that the curriculum is delivered in a way that meets the needs of our diverse pupil population, including 43% Pupil Premium, 20% SEND, and 87% EAL learners.



4. Curriculum Content

RSE is embedded within our creative curriculum and delivered through enquiry-based learning, linking with our Global Goals and Lyfta resources to develop pupils' oracy and understanding of the world. Topics are carefully planned to be age-appropriate and progressive, covering:

- Families and friendships
- Respectful relationships
- Online safety and digital resilience
- Physical health and mental wellbeing
- Growing and changing, including puberty (in upper key stages)
- Keeping safe

5. Delivery and Staff Training

- RSE is taught by qualified teachers who receive ongoing subject-specific CPD to ensure confident and sensitive delivery.
- Time is allocated within the curriculum for RSE lessons, ensuring regular and meaningful engagement.
- Teaching is inclusive, differentiated, and adapted to meet the needs of SEND pupils and those with English as an additional language.
- External visitors may be invited to support learning, ensuring their input aligns with the school's ethos and curriculum.

6. Inclusivity and Respect for Diversity

- Our RSE curriculum celebrates and respects the diversity of our school community, including cultural, religious, and family backgrounds.
- We actively promote our Golden Promises, especially those related to kindness, celebrating differences, and standing up for others.
- Pupils with SEND receive tailored support to access RSE content fully.

7. Parental Engagement

- We recognise parents and carers as key partners in RSE and communicate openly about the curriculum content and approach.
- Parents have the right to request withdrawal of their child from non-statutory sex education components, in line with DfE guidance.



8. Safeguarding

- RSE contributes to safeguarding by equipping pupils with knowledge about safe relationships and how to seek help if needed.
- Staff are trained to handle disclosures sensitively and follow the school's safeguarding procedures.

9. Monitoring and Review

- The RSE subject leader, in collaboration with senior leaders, regularly monitors the quality and impact of RSE teaching and learning.
- This policy will be reviewed annually to reflect changes in statutory guidance, school context, and pupil needs.