



## Chartwells at Wingrove Revised Menu – January 2019

The menu will run on a three-week rota. Each term will start with week 1 and continue through the whole term.

All children in Reception, Year 1 and Year 2 receive a free school meal each day.

Children in Years 3, 4, 5 and 6 may stay for a school meal or bring in a packed lunch. However, whatever they choose to do on Monday they must do all week (unless they have a trip out of school).

The cost of each meal is £2.00. Dinner money is payable in advance. Please pay £10.00 every Monday morning.

Dinner money envelopes are available in the foyer. Clearly write your child's name, their teacher's name, the amount enclosed, and the date. Post the envelope in the box in the foyer.

Please note that school office staff cannot give you change or change money for you. The collection of dinner money, and the distribution of change, is Chartwells' responsibility.

All queries, regarding school meals (allergens, intolerances, special diets) or dinner money, should be directed to the Cook-in-Charge, Pam Pearson, on 0191 2724660 (7.30am-1.30pm).

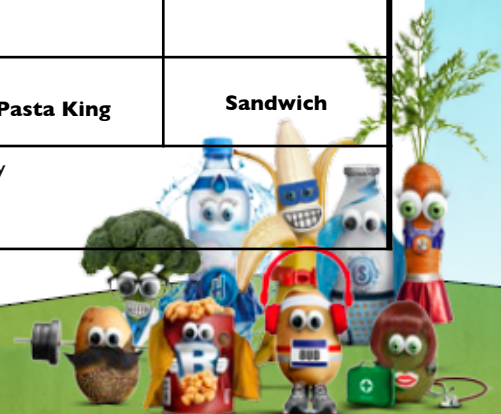


# Halal Primary Menu

## Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	<b>Margherita Pizza**</b> with Garlic Bread	<b>Chicken Paella</b>	<b>Roast Chicken</b> with Roast Potatoes and Gravy	<b>Beef Keema Curry</b> with Rice **	<b>Crispy Fish</b> with Chips
Alternative Dish	<b>Mild Potato and Chickpea Curry</b> with Rice **	<b>Quorn Burger</b> With Mashed Potato and Gravy	<b>Veggie Mince and Dumplings</b> with Roast Potatoes and Gravy	<b>Quorn Dippers</b> with Savoury Rice	<b>Cheese and Onion Quiche</b> with Chips
Vegetables	<b>Sweetcorn Peas</b>	<b>Coleslaw Carrots</b>	<b>Green Beans Cauliflower</b>	<b>Carrots Baked Beans</b>	<b>Broccoli Peas</b>
Desserts	<b>Biscuit</b> with Fruit Slices *	<b>Orange Cake</b> with Custard	<b>Ice Cream</b>	<b>Brownie Cake</b>	<b>Lemon Shortbread</b>
Third Choice	<b>Jacket Potato</b>	<b>Pasta King</b>	<b>Jacket Potato</b>	<b>Pasta King</b>	<b>Sandwich</b>
Cool Water, Milk, Bread, Fresh Fruit and Yoghurt served daily *Fruit Based **Wholegrain Salad bar available daily					

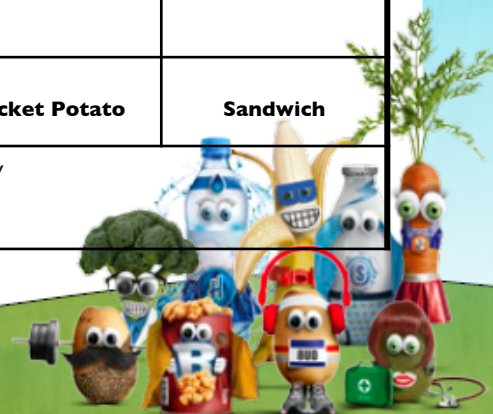


# Halal Primary Menu

## Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	<b>Mozzarella and Tomato Pizza **</b> <i>with Garlic Bread **</i>	<b>Chicken Sausages</b> <i>with Mash</i>	<b>Roast Chicken</b> <i>with Roast Potatoes and Gravy</i>	<b>Beef Lasagne</b> <i>with Garlic and Herb Bread Wedge **</i>	<b>Fish Fingers</b> <i>with Chips</i>
Alternative Dish	<b>Vegetable Biryani</b>	<b>Vegetarian Sausages</b> <i>with Mash</i>	<b>Cauliflower and Broccoli Cheese Bake</b> <i>with Roast Potatoes</i>	<b>Vegetarian Tagine</b> <i>with Rice **</i>	<b>Mediterranean Tart</b> <i>with Chips</i>
Vegetables	<b>Broccoli Sweetcorn</b>	<b>Baked Beans Swede</b>	<b>Roast Parsnip Carrots</b>	<b>Green Beans Cauliflower</b>	<b>Peas Baked Beans</b>
Desserts	<b>Vanilla Ice Cream</b>	<b>St Clement's Sponge Cake</b>	<b>Biscuit</b>	<b>Eve's Pudding *</b> <i>with Custard</i>	<b>Chocolate and Banana Muffin</b>
Third Choice	<b>Pasta King</b>	<b>Jacket Potato</b>	<b>Pasta King</b>	<b>Jacket Potato</b>	<b>Sandwich</b>
Cool Water, Milk, Bread, Fresh Fruit and Yoghurt served daily *Fruit Based **Wholegrain Salad bar available daily					



# Halal Primary Menu

## Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	<b>Mozzarella and Tomato Pizza **</b> <i>with Jacket Wedges</i>	<b>Chicken and Sweetcorn Pie</b> <i>with New Potatoes</i>	<b>Roast Chicken</b> <i>with Roast Potatoes and Gravy</i>	<b>Vegetable Samosa</b> <i>with Savoury Rice</i>	<b>Fish Fingers</b> <i>with Chips</i>
Alternative Dish	<b>Tomato and Vegetable Savoury Rice</b>	<b>Quorn Curry</b> <i>with Rice</i>	<b>Quorn Roast</b> <i>with Roast Potatoes and Gravy</i>	<b>Lentil Dahl</b> <i>with Rice **</i>	<b>Baked Bean and Cheese Quesadilla</b> <i>with Chips</i>
Vegetables	<b>Peas Beans</b>	<b>Carrots Green Beans</b>	<b>Seasonal Cabbage Carrot and Swede Mash</b>	<b>Broccoli Sweetcorn</b>	<b>Peas Crunchy Coleslaw</b>
Desserts	<b>Strawberry Ice Cream</b>	<b>Raspberry Ripple Cake</b> <i>with Custard</i>	<b>Rice Pudding</b>	<b>Shortbread Fingers</b> <i>with Fruit Slices *</i>	<b>Pineapple Upside Down Cake *</b>
Third Choice	<b>Pasta King</b>	<b>Jacket Potato</b>	<b>Sandwich</b>	<b>Pasta King</b>	<b>Sandwich</b>
Cool Water, Milk, Bread, Fresh Fruit and Yoghurt served daily *Fruit Based **Wholegrain Salad bar available daily					

