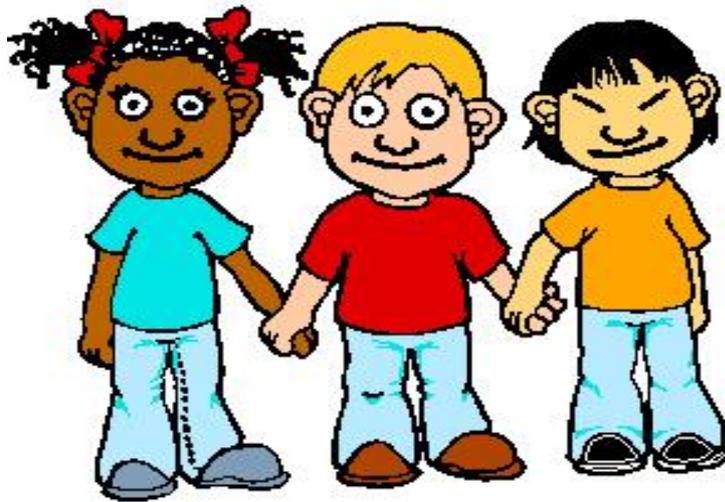


Wingrove Primary School



Child Friendly Anti-Bullying Policy

What is Bullying?

In our school a bully is someone who hurts someone more than once, by using behaviour which is meant to hurt, frighten or upset another person.



Physical: Damaging belongings, hitting, kicking.

Verbal: Name calling, insulting, making offensive remarks.

Indirect: Spreading nasty stories and rumours, exclusion from groups.

Cyber Bullying: Setting up 'hate websites', posting nasty messages/stories on the internet, sending abusive text messages or emails.

Prejudice related bullying: because of race, culture, disability or because of shape, size, or looks.

When is it Bullying?

Several

Times

On

Purpose



We promise to always treat bullying seriously.

Who Can I Tell?

If you are being bullied, you need to tell someone.
Don't suffer in silence, Speak out!

A Friend
Mum/Dad/Carer
Teachers
Mrs Jones
Buddies
Playground Leaders
Any other known adult



If you are bullied-

DO-

- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- Ignore them.
- Walk away.
- Use the thoughts and feelings box if you can't speak out openly about it.
- TELL SOMEONE



DON'T-

- Do what they say.
- Get angry or look upset.
- Hit them or retaliate in another way.
- Think it's your fault.
- Hide it.

What should I do if I see someone else being bullied?

- Don't walk away and ignore the bullying.
- Tell an adult, friend, buddy or playground leader what you have seen.
- Don't stay silent or the bullying will keep happening.

All the staff and children will work together to:

- Make our school a place where everyone can feel safe and happy. That means NO bullying allowed.
- We will all help everyone to get on with each other and we believe that everyone has the right to be who they are...