

Summer Term

Year One Timetable

Monday

Wake up, get breakfast and get ready for the day.
Check Class Dojo for any messages.

Task 1 -

Exercise Joe Wicks (9am) or Wingrove PE - Challenge John

10:30am Task 2 -

Look on Dojo and complete one of your set tasks.

1:30pm Task 3 -

Look on Dojo and complete your other set task for the day.

Afternoon or Evening

Enjoy an activity together. For example, gardening, playing a game, baking or going on a safe walk. Read and relax together before bed.

Tuesday

Wake up, get breakfast and get ready for the day.
Check Class Dojo for any messages.

Task 1 -

Exercise Joe Wicks (9am) or Wingrove PE - Challenge John

10:30am Task 2 -

Look on Dojo and complete one of your set tasks.

1:30pm Task 3 -

Look on Dojo and complete your other set task for the day.

Afternoon or Evening

Enjoy an activity together. For example, gardening, playing a game, baking or going on a safe walk. Read and relax together before bed.

Wednesday

Wake up, get breakfast and get ready for the day.
Check Class Dojo for any messages.

Task 1 -

Exercise Joe Wicks (9am) or Wingrove PE - Challenge John

10:30am Task 2 -

Look on Dojo and complete one of your set tasks.

1:30pm Task 3 -

Look on Dojo and complete your other set task for the day.

Afternoon or Evening

Enjoy an activity together. For example, gardening, playing a game, baking or going on a safe walk. Read and relax together before bed.

Thursday

Wake up, get breakfast and get ready for the day.
Check Class Dojo for any messages.

Task 1 -

Exercise Joe Wicks (9am) or Wingrove PE - Challenge John

10:30am Task 2 -

Look on Dojo and complete one of your set tasks.

1:30pm Task 3 -

Look on Dojo and complete your other set task for the day.

Afternoon or Evening

Enjoy an activity together. For example, gardening, playing a game, baking or going on a safe walk. Read and relax together before bed.

Friday

Wake up, get breakfast and get ready for the day.
Check Class Dojo for any messages.

Task 1 -

Exercise Joe Wicks (9am) or Wingrove PE - Challenge John

10:30am Task 2 -

Look on Dojo and complete one of your set tasks.

1:30pm Task 3 -

Look on Dojo and complete your other set task for the day.

Afternoon or Evening

Enjoy an activity together. For example, gardening, playing a game, baking or going on a safe walk. Read and relax together before bed.

Extra Info

Joe Wicks can be found at

https://www.youtube.com/playlist?list=PLyCLoPd4VxBtWi7RnRLz6qHgOqWiB_LrH

Wingrove PE can be found at

<https://www.youtube.com/channel/UCGfk49ZiHl1rFSv3GL2k8Pg>

Remember you can do extra activities at home that your child is interested in.

Keep uploading pictures and videos to Class Dojo, we love them!