

# Foodbanks in Newcastle

Foodbanks provide emergency food aid for people in crisis who have little or no money to buy food for themselves or their family. A mix of rising bills, changes to benefits, low paid jobs and no jobs are conspiring to put ever greater pressure on incomes and squeezing household budgets until there is very little left for essentials like weekly groceries.

Foodbanks are run by volunteers who provide parcels or bags of food donated locally or by supermarkets through schemes like Fareshare. Newcastle CVS has produced this leaflet as a guide to some of the foodbanks operating Newcastle. It is not a list of all of Newcastle foodbanks and you are recommended to check opening times and criteria before going to one.

Foodbank name, location and contact details	Opening times	What is available?	What is the criteria?
<b>Newcastle East Food Bank</b> Elim Pentecostal Church, Heaton Road, Heaton, Newcastle Upon Tyne NE6 1SD 0191 447 4675 <a href="http://www.newcastleeast.foodbank.org.uk">www.newcastleeast.foodbank.org.uk</a>	Monday, Wednesday, Friday 10am – 12.30pm	Food box, which includes tinned meat, fish, vegetables and fruit, tea, coffee, fruit juice, soup, sauces, rice, pasta, cereals...	Referral from frontline care professionals eg doctors, health workers, Citizens Advice Bureau, social workers
<b>Newcastle West Food Bank</b> Church of the Venerable Bede, Benwell Grove, Newcastle Upon Tyne NE4 8AN	Thursday's 10am—12 noon	Food box, which includes tinned meat, fish, vegetables and fruit, tea, coffee, fruit juice, soup, sauces, rice, pasta, cereals...	Referral from frontline care professionals eg doctors, health workers, Citizens Advice Bureau, social workers
<b>Storehouse at the Tyneside Vineyard</b> Ariel House, City Road, Newcastle NE1 2AQ <a href="http://www.storehousene.org.uk/">www.storehousene.org.uk/</a> 0191 475 0955	Thursday 1pm-3pm Drop in Café: Sat morning 10.30am	Food box of standard grocery items; donated clothes and baby equipment	Referral from certain statutory or voluntary sector organisations

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<p><b>Children's Society</b>  Brunswick Methodist Church  Newcastle upon Tyne  NE1 7BJ  Caroline Allison Senior Practitioner  SMART Project  0191 256 5037</p>	<p>Monday, 1.30pm – 3.30pm  (temporarily based at Westgate Baptist Church)</p>	<p>A food bag per family, which includes pasta, rice, tinned meat, fish or vegetables.</p>	<p>Asylum seeker and migrant families using the Children's Society's New 2 Newcastle drop in  There is no formal referral system but there is a limited number of food bags available</p>
<p><b>Walking With</b>  Wallsend People's Centre  Frank Street  Wallsend  Tyne and Wear  NE28 6RN  walkingwithwcwt@msn.com  0191 263 5029</p>	<p>Monday's and Wednesday's  10am to 3pm</p>	<p>Food box including pasta, rice, tinned meat, fish or vegetables</p>	<p>Asylum seekers living in North Tyneside who can provide a Home Office letter to say it is withdrawing support</p>

## How you can help: donate, volunteer, get involved...

It has been estimated that four foodbanks are opening every week in the UK\*. You can help support a foodbank in your area by donating tinned or other non-perishable food, by volunteering some of your time or by starting up a new foodbank.

For more information contact the foodbanks listed, Volunteer Centre Newcastle or visit [www.trusselltrust.org](http://www.trusselltrust.org)

\*Trussell Trust <http://tinyurl.com/b2cgnfc>

If you have information about foodbanks in your area, if you and other volunteers are starting one up or if you know about one that has closed, please contact us

### Newcastle CVS

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