

### Term 3A



# Year 3 Timetable





### Monday

Wake up, have breakfast and get ready for the day. Check Class Doio for any messages.

#### Task 1 - Exercise

Joe Wicks (9am) Wingrove PE – Challenge Cosmic Yoga

# 10:30 am Task 2 -

Class Dojo

Look on Class Dojo and complete one of your challenges or a task in portfolio.

### 1:30 pm Task 3 -

Seesaw

Look on Seesaw and complete your set task for the day.

### Afternoon or Evening

Enjoy an activity together. For example, gardening, playing a game, baking or going on a safe walk. Read and relax together before bed.

# Tuesday

Wake up, have breakfast and get ready for the day. Check Class Doio for any messages.

#### Task 1 – Exercise

Joe Wicks (9am) Wingrove PE – Challenge or Cosmic Yoga

# 10:30 am Task 2 -

Class Dojo

Look on Class Dojo and complete one of your challenges or a task in portfolio.

# Wednesday

Wake up, have breakfast and get ready for the day. Check Class Dojo for any messages.

#### Task 1 - Exercise

Joe Wicks (9am) Wingrove PE – Challenge Cosmic Yoga

# 10:30 am Task 2 -

Class Dojo

Look on Class Dojo and complete one of your challenges or a task in portfolio.

Seesaw

Look on Seesaw and

complete your set task for

the day.

Afternoon or Evening

Enjoy an activity together.

For example, gardening, playing

a game, baking or going on a

safe walk.

Read and relax together

before bed.

1:30 pm Task 3 -

# Thursday

Wake up, have breakfast and get ready for the day. Check Class Doio for any messages.

#### Task 1 - Exercise

Joe Wicks (9am) Wingrove PE - Challenge or Cosmic Yoga

# 10:30 am Task 2 -

Class Dojo

Look on Class Dojo and complete one of your challenges or a task in portfolio.

# Friday

Wake up, have breakfast and get ready for the day. Check Class Dojo for any messages.

#### Task 1 - Exercise

Joe Wicks (9am) Wingrove PE - Challenge or Cosmic Yoga

# 10:30 am Task 2 -

1:30 pm Task 3 -

Class Dojo

Look on Class Dojo and complete one of your challenges or a task in portfolio.

Seesaw

Look on Seesaw and

complete your set task for

the day.

#### 1:30 pm Task 3 -

Seesaw

Look on Seesaw and complete your set task for the day.

### **Afternoon or Evening**

Enjoy an activity together. For example, gardening, playing a game, baking or going on a safe walk. Read and relax together

before bed.

Since it's Friday, you could watch a movie together and review it.

bed

# Other Info.

Joe Wicks can be found at:

https://www.voutube.com/p lavlist?list=PLvCLoPd4VxBvPH OpzoEk5onAEbq40g2-k

Wingrove PE can be found at:

https://www.youtube.com/c hannel/UCGfk49ZiHl1rFSv3G L2k8Pg

Cosmic Yoga can be found at:

https://www.youtube.com/u ser/CosmicKidsYoga

Class Dojo tasks may direct you to SeeSaw, Purple Mash, Mathletics or Charanga.

extra you do, to Class Dojo or Seesaw. We always love to see what you have been up to.

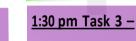
 ✓ Even though the guideline from the government is to stay inside, one piece of outdoor exercise a day is allowed. Many people are choosing a quiet time in the day to go on a

family walk.

# Afternoon or Evening

Enjoy an activity together.

Read and relax together before



Seesaw

Look on Seesaw and complete your set task for the day.

### Afternoon or Evening

Enjoy an activity together. or example, gardening, playing a game, baking or going on a safe walk. Read and relax together before bed