



Term 3A



# Year 3 Timetable



## Monday

Wake up, have breakfast and get ready for the day. Check Class Dojo for any messages.

### Task 1 – Exercise

Joe Wicks (9am)  
Wingrove PE – Challenge  
or  
Cosmic Yoga

### 10:30 am Task 2 –

Class Dojo

Look on Class Dojo and complete one of your challenges or a task in portfolio.

### 1:30 pm Task 3 –

Seesaw

Look on Seesaw and complete your set task for the day.

### Afternoon or Evening

Enjoy an activity together. For example, gardening, playing a game, baking or going on a safe walk.  
Read and relax together before bed.

## Tuesday

Wake up, have breakfast and get ready for the day. Check Class Dojo for any messages.

### Task 1 – Exercise

Joe Wicks (9am)  
Wingrove PE – Challenge  
or  
Cosmic Yoga

### 10:30 am Task 2 –

Class Dojo

Look on Class Dojo and complete one of your challenges or a task in portfolio.

### 1:30 pm Task 3 –

Seesaw

Look on Seesaw and complete your set task for the day.

### Afternoon or Evening

Enjoy an activity together. For example, gardening, playing a game, baking or going on a safe walk.  
Read and relax together before bed.

## Wednesday

Wake up, have breakfast and get ready for the day. Check Class Dojo for any messages.

### Task 1 – Exercise

Joe Wicks (9am)  
Wingrove PE – Challenge  
or  
Cosmic Yoga

### 10:30 am Task 2 –

Class Dojo

Look on Class Dojo and complete one of your challenges or a task in portfolio.

### 1:30 pm Task 3 –

Seesaw

Look on Seesaw and complete your set task for the day.

### Afternoon or Evening

Enjoy an activity together. For example, gardening, playing a game, baking or going on a safe walk.  
Read and relax together before bed.

## Thursday

Wake up, have breakfast and get ready for the day. Check Class Dojo for any messages.

### Task 1 – Exercise

Joe Wicks (9am)  
Wingrove PE – Challenge  
or  
Cosmic Yoga

### 10:30 am Task 2 –

Class Dojo

Look on Class Dojo and complete one of your challenges or a task in portfolio.

### 1:30 pm Task 3 –

Seesaw

Look on Seesaw and complete your set task for the day.

### Afternoon or Evening

Enjoy an activity together. For example, gardening, playing a game, baking or going on a safe walk.  
Read and relax together before bed.

## Friday

Wake up, have breakfast and get ready for the day. Check Class Dojo for any messages.

### Task 1 – Exercise

Joe Wicks (9am)  
Wingrove PE – Challenge  
or  
Cosmic Yoga

### 10:30 am Task 2 –

Class Dojo

Look on Class Dojo and complete one of your challenges or a task in portfolio.

### 1:30 pm Task 3 –

Seesaw

Look on Seesaw and complete your set task for the day.

### Afternoon or Evening

Enjoy an activity together. Since it's Friday, you could watch a movie together and review it.  
Read and relax together before bed

## Other Info.



Joe Wicks can be found at:

<https://www.youtube.com/playlist?list=PLyCLOpd4VxBvPHOpzoEk5onAEbq40g2-k>



Wingrove PE can be found at:

<https://www.youtube.com/channel/UCGfk49ZiHl1rFSv3GL2k8Pg>



Cosmic Yoga can be found at:

<https://www.youtube.com/user/CosmicKidsYoga>



Class Dojo tasks may direct you to SeeSaw, Purple Mash, Mathletics or Charanga.



You can upload pictures of anything extra you do, to Class Dojo or Seesaw. We always love to see what you have been up to.



Even though the guideline from the government is to stay inside, one piece of outdoor exercise a day is allowed. Many people are choosing a quiet time in the day to go on a family walk.